

Camp Monroe: *The Lassen Experience* - 3-Day Itinerary & Menu

Times & Schedule can vary in Lassen NP depending on snow conditions in early & mid-late summer.
Please advise any Special Dietary Needs on child's Registration Form.

Day 1	Meals
<p>7:00AM Depart for Camp Monroe 8:30AM Arrive at Petrified Forest in Calistoga 9:00AM Depart Forest and Arrive at at Old Faithful Geyser 9:30AM Depart from Old Faithful 12:30PM Arrive at Lassen Visitor Center & Sulphur Works 1:30PM Explore Lassen Summit (fun in snow) 3:00PM Explore & Discuss Devastated Area</p> <p>*Snow Contingency: *12:00PM Arrive at Coleman National Fish Hatchery (Lunch) *1:00PM Depart Hatchery for Lassen Devastated Area *2:00PM Arrive at Lassen Devastated Area (with time for fun in the snow) *3:00PM Depart from Lassen Devastated Area to Camp</p> <p>4:00PM Arrive Camp Monroe (Cabin Group Flagpole Meeting) 6:00PM Dinner 7:00PM Free Time: Frisbee Golf, Basketball, Baseball, etc. 8:30PM Ultimate Frisbee & Astronomy 10:30PM Lights Out</p>	<p>Breakfast (at home prior to departure) Lunch (student's own packed lunch) Dinner Hamburger, Cheese Burger, & Veggie Burger Turkey Hot Dog (Choice: Lettuce, Tomato, Onion, Ketchup, Mayo, Mustard, Relish) Baked Beans & Pasta Salad Green Salad & Fresh Fruits Brownies Assorted Juices & Water</p>
Day 2	Meals
<p>7:00AM Breakfast 8:00AM Load buses to Spatter-Cone Trail 8:20AM Arrive Lassen Informational Station (10 min) 8:45AM Arrive Spatter-Cone Trail 10:45AM Depart Spatter-Cone Trail for Hat Creek Overlook 11:00AM Arrive Hat Creek Overlook 11:15AM Depart Hat Creek Overlook for Burney Falls 11:45AM Arrive Burney Falls (Lunch) 1:00PM Depart Burney Falls to Hat Creek Radio Observatory/ATA 1:30PM Arrive at the Hat Creek Radio Observatory/ATA 2:30PM Depart the ATA for Subway Lava Tube Cave 3:00PM Arrive Subway Lava Tube Cave 3:30PM Depart Subway Lava Tube 4:00PM Arrive Camp Monroe (Free Time, Swimming) 6:00PM Dinner 6:30PM Free Time: Frisbee Golf, Basketball, Baseball, Horseshoes, Games 8:00PM Camp fire, Karaoke, S'mores and Camp Cabin Skits 10:30PM Lights Out</p>	<p>Breakfast Bacon, Scrambled Eggs, & Hash Browns Bread, Toast, Muffins, Peanut Butter & Jelly Oatmeal, Cereals, Yogurts, & Fresh Fruits Assorted Juices & Milk Lunch Turkey & Swiss (Lettuce, Tomato, Onion, Mayo, Mustard, Pickle) Peanut Butter & Jelly Sandwiches Veggies - Edamame (soy beans), Carrots, Broccoli, Celery Chips & Cookies Assorted Juices & Water Dinner Chicken Tenders & Drumsticks with Mashed Potatoes & Gravy Green Beans & Dinner Rolls Green Salad & Fresh Fruits Ice Cream Lemonade, Punch, & Water</p>
Day 3	Meals
<p>6:45AM Breakfast 8:00AM Depart Camp Monroe for Shasta Caverns 9:00AM Arrive at Shasta Caverns 11:30AM Depart Shasta Caverns for Shasta Dam 12:00PM Arrive at Shasta Dam 12:30PM Depart Shasta Dam for Turtle Bay Exploration Park 1:00PM Arrive Turtle Bay (Lunch) 2:30PM Depart Turtle Bay for FMS (Home) 5:30-6:00PM Arrive FMS</p>	<p>Breakfast Sausage & Pancakes Hard-Boiled Eggs Bread, Toast, Muffins, Peanut Butter & Jelly Oatmeal, Cereals, Yogurts, & Fresh Fruits Juices & Milk Lunch Roast Beef & Cheddar (Lettuce, Tomato, Onion, Mayo, Mustard, Pickle) Peanut Butter & Jelly Sandwiches Veggies - Edamame (soy beans), Carrots, Broccoli, Celery Chips & Cookies Assorted Juices & Water</p>